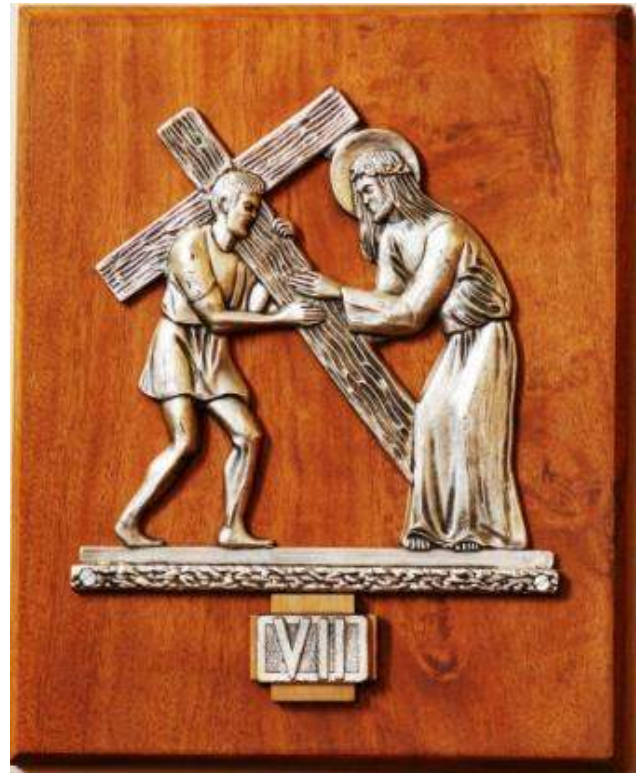


## THE SEVENTH STATION

### HELP FROM SIMON

We do not know if Simon was a willing helper of Jesus or if he had no choice. We might picture him, a healthy strong, man, selected because of his strength, assisting Jesus weakened and enfeebled with pain and suffering. The nightmare journey to Calvary continued, another player being added to the tragic cast.



*We can recover from embarrassment, but humiliation leaves scars. When we try, fail and simply cannot cope, no matter how we are threatened or encouraged, then we know how low we can fall. Jesus had to have help, but grudging help is sometimes worse than no help at all. When we help willingly, we are sympathising, sharing the burden, risking our own security and peace.*

Let us give thanks to God for all the help we have received through life and ask that we too will be willing helpers especially for those in desperate need. Let us pray for a just society, where all receive what they need to live.